

iQFOiL Class EGM 2024

SUBMISSION FORM

The deadline for submissions is **2400 hrs UTC on 29th March 2024**

This submission form shall be used as the format for your submission, saved as a PDF and sent by email to: info@iqfoilclass.org

Please read the following notes carefully before completing the Submission Form.

- Submissions shall be sent by e-mail to the Class Executive Secretary (info@iqfoilclass.org / valerie@iqfoilclass.org) either by a National Class Association being an iQFOiL Class *Full Member* or by the iQFOiL Class Executive Committee itself.
- To make your submission as clear as possible, the original exact wording received on submission forms shall be retained in the final formatted submissions. However, if wording is unclear the Class will consult the originator for clarification.
- Please click in the highlighted boxes in the Form below to insert the purpose or objective, the proposal, the current position and the reasons.
- If the submission proposes new policy, please insert the wording in full in the “Proposal” section and also complete the “Current Position” and “Reason” section.
- If the submission proposes a change to existing Articles, Regulations, the Racing Rules, or other Class or World Sailing Codes and Rules, please insert the current version in the “Proposal” section highlighting new wording as **bold and underlined**, and text to be deleted as ~~double struck through~~. The words “as above” should then be inserted in the “Current Position”. Clearly defined reasons should be inserted in the “Reason” section.
- The font and size for text in submissions is Arial 11pt
- The font Times New Roman 12pt should only be used when inserting current wording or new wording proposals to amend the Racing Rules of Sailing.

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| Authorisation to make a submission <i>(Only a duly authorised person may make a submission. Please detail name of authorised person)</i> | |
| Country Code: <i>(eg. AUS)</i> | POL |
| Name of Authorised Person: | Maksymilian Wójcik |
| Position: <i>(Position in NCA)</i> | iQFOiL Coach |
| Contact Email: | Iqfoilcoach@gmail.com |
| Date: | 28.03.2024 |
| <i>All submissions will be acknowledged. If you do not receive an acknowledgment or you need any further information about the submission process, please contact info@iqfoilclass.org</i> | |

Title:

Weighing athletes

Subtitle:

How do we know what the weight of athletes really is?

A submission from:

Polish Yachting Association

Purpose or Objective

The purpose of the proposal is to set clear and scientific based evidence that the IQFOiL class is having heavy athletes in men's and women's fleet and how it changes in time.

Proposal

It is proposed to conduct an anonymous but obligatory weighing of athletes attending IQFOiL Games and Olympic Games (if possible) to assess the median of the weight of top athletes racing in men and women fleets.

Current Position

The class is concerned about heavy athletes but there is no scientific evidence for what the median weight of IQFOiL top athletes in men and women fleet truly are.

Reason

The reasoning behind conducting an anonymous weighing is to establish what the median of weight is for men and women in IQFOiL class. It will also serve as a future reference to how the weight changes through growth of the class through its future changes, i.e. possible sail change.